Social Work

Phil Hieger, Chair; Nancy Rodriguez, Director of Field Education

SOCIAL WORK PROGRAM OBJECTIVES
The objectives of the Social Work Program are:
1. To prepare students for professional entry-level generalist social work practice on various levels with sensitivity to the needs of diverse populations;
2. To promote a foundation for future learning including graduate social work education;
3. To provide students with the basic knowledge, values, and professional skills for social work, while integrating a liberal arts base consistent with the mission of Southwestern Adventist University.

ACCREDITATION
The Social Work program is accredited by the Council on Social Work Education, a specialized accrediting body recognized by the Council on Postsecondary Accreditation.

ADMISSION
Students seeking admission into the Social Work Program must:
1. Have completed all general admission requirements and been accepted to the University.
2. Have completed SOWK 112, Introduction to the Field of Social Work, SOWK 221, History and Policy of Social Institutions, and SOWK 331, Strength in Diversity with a GPA of 2.5;
3. Submit an application to the Social Work Department. Application forms are available in the Social Work office;
4. Have an overall GPA of 2.5;
5. Submit three reference forms by employers, educators or professional colleagues which attest to the professional competence or scholastic ability, emotional stability and physical health of the student;
6. Have successfully completed the following liberal arts courses: BIOL 104 and 105, ENGL 220, HIST 111 or 112, PSYC 212 and SOC 111.

For currently enrolled students, these materials must be submitted no later than April 15, the year of admission. The Social Work faculty meets during the last week in April to review all applications to the program.

Transfer students may apply to the program after their enrollment at Southwestern Adventist University during their first semester at the University.

The Admissions Committee uses the following criteria as a basis for acceptance into the Social Work Program: a completed application form, transcripts indicating adherence to the GPA standards and completion of prerequisites, and three letters of reference. These forms are available in the Social Work office. Additionally, input from agency supervisors with whom students completed volunteer hours will be solicited.

Students expecting to enroll in field practicum must apply at least one semester prior to enrollment. The Social Work Program requires completion of 500 clock hours of field practicum at an approved agency. Transportation for field practicum is the responsibility of the student. Enrollment in field practicum, seminar, and methods courses are restricted to social work majors.

Further details and information regarding the social work curriculum are available from the Social Work Department.

RETENTION POLICY
Students admitted to the Southwestern Adventist University Social Work Program are retained in the major, subject to the following “Criteria for Retention.”

1. Maintaining an overall GPA of 2.5.
2. Adherence to the National Association of Social Workers' Code of Ethics.
3. Maintenance of social functioning that allows for effective beginning level professional social work practice. (Social functioning refers to the students' ability to cope with the demands generated by their interaction with their environment including areas such as school, work, family, and personal relationships.)
4. Demonstration of effective verbal and written communication skills.
5. Continued enrollment as a student in good standing at SWAU.

Students who do not conform to the Criteria for Retention may be terminated from the program.

Social Work, B.S.W.

General Education Requirements:
See page 36 for a description of regular General Education requirements. The mathematics, one science course requirement, and two of the social science and humanities requirements are met through the cognate requirements.

Major Requirements:

Social Welfare Policies and Services:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>SOWK 112</td>
<td>Introduction to the Field of Social Work</td>
<td>3</td>
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<tr>
<td>SOWK 221</td>
<td>Foundations of Social Welfare Policy</td>
<td>3</td>
</tr>
<tr>
<td>SOWK 240</td>
<td>Introduction to Community Services</td>
<td>2</td>
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<td>SOWK 434</td>
<td>Social Welfare Policy</td>
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Human Behavior and the Social Environment:

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<td>SOWK 331</td>
<td>Strength in Diversity</td>
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<tr>
<td>SOWK 332</td>
<td>Human Behavior and Social Environment I</td>
<td>3</td>
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<tr>
<td>SOWK 333</td>
<td>Human Behavior and Social Environment II</td>
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Social Research:

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<td>SOWK 460</td>
<td>Applied Social Research Methods</td>
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Social Work Practice:

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<tr>
<td>SOWK 336</td>
<td>Social Work Intervention I</td>
<td>3</td>
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<td>SOWK 337</td>
<td>Social Work Intervention II</td>
<td>3</td>
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<tr>
<td>SOWK 339</td>
<td>Families and Children</td>
<td>3</td>
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<tr>
<td>SOWK 438</td>
<td>Social Work Intervention III</td>
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Social Work Ethics:

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<tr>
<td>SOWK 222</td>
<td>Values and Ethics for the Helping Professions</td>
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Field Practicum:

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<tbody>
<tr>
<td>SOWK 470</td>
<td>Integrative Field Seminar I</td>
<td>2</td>
</tr>
<tr>
<td>SOWK 474</td>
<td>Field Practicum I</td>
<td>5</td>
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<tr>
<td>SOWK 471</td>
<td>Integrative Field Seminar II</td>
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<tr>
<td>SOWK 475</td>
<td>Field Practicum II</td>
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Departmentally Approved Electives

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TOTAL

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<th>Credits</th>
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<tr>
<td>52</td>
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Required Cognates:
Social Work is a composite major and does not require a minor.
BUAD 423 Organizational Behavior ....................................... 3
BUAD 372 Human Resources Management ........................... 3
BUAD 301 Principles of Management ..................................... 3
SOCI 334 Juvenile Delinquency ............................................ 3
PSYC 470 Counseling Theory and Techniques...................... 3
PSYC 450 Psychology of Adulthood and Aging ..................... 3
PSYC 360 Personality Theory and Development .................... 3
PSYC 340 Abnormal Psychology ............................................ 3
SOWK 338 Conflict Resolution ........................................... 3
SOWK 335 Health Care and Social Work ............................... 3
PSYC 326 Exceptional Children ........................................... 3
PSYC 320 Parenting Skills ................................................... 3
PSYC 312 Adolescent Psychology ........................................ 3
PSYC 301 General Psychology ............................................. 3
SOCI 334 Juvenile Delinquency ............................................ 3
BUAD 301 Principles of Management .................................... 3
BUAD 372 Human Resources Management ........................... 3
BUAD 423 Human Behavior in Organizations ......................... 3

Departmentally Approved Electives:
PSYC 220 Human Growth and Development ....................... 3
PSYC 244 Courtship, Marriage, and Family ......................... 3
PSYC 320 Parenting Skills ................................................... 3
PSYC 322 Adolescent Psychology ........................................ 3
PSYC 326 Exceptional Children ........................................... 3
SOWK 338 Conflict Resolution ........................................... 3
SOWK 335 Health Care and Social Work ............................... 3
PSYC 340 Abnormal Psychology ............................................ 3
PSYC 360 Personality Theory and Development .................... 3
PSYC 450 Psychology of Adulthood and Aging ..................... 3
PSYC 470 Counseling Theory and Techniques ....................... 3
SOCI 334 Juvenile Delinquency ............................................ 3
BUAD 301 Principles of Management .................................... 3
BUAD 372 Human Resources Management ........................... 3
BUAD 423 Human Behavior in Organizations ......................... 3

CURRICULUM - SEQUENCE OF COURSES
First Year
*UNIV 101 University Success ............................................. 3
MATH 110 College Algebra ............................................... 3
*RLGN 110 Religion Elective ............................................. 3
*COMM 110 Speech Elective ............................................. 3
SOWK 111 Intro to Social Work ......................................... 3
#HLED 111 Health and Wellness ......................................... 3
*ENGL 121 Freshman Composition ...................................... 3
**PSYC 212 General Psychology ....................................... 3
**SOCI 211 Introduction to Sociology ................................... 3
**PSYC 212 Behavioral Science ........................................ 3
**SOWK 222 Foundations of S. W. Policy ....................... 3
MATH 110 College Algebra ............................................... 3
BIOL 101 Human Biology ................................................. 4
**SOWK 222 Foundations of S. W. Policy ....................... 3
*ENGL 221 Research and Professional Writing ..................... 3
*HIST 221 Non-American History ...................................... 3
*BIOL 221 Human Biology ................................................. 4
**SOWK 222 Foundations of S. W. Policy ....................... 3
**SOWK 332 CBSE I ......................................................... 3
**SOWK 336 Social Work Intervention I ....................... 3
**MATH 241 Statistics ................................................... 3
*ENGL 221 Research and Professional Writing ..................... 3
*RLGN 221 Religion Elective ............................................. 3
*PEAC 221 P.E. Elective ................................................... 1
**SOWK 333 CBSE II ......................................................... 3
**SOWK 334 Advanced Social Welfare Policy ................... 3
**SOWK 337 Social Work Intervention II ....................... 3
**SOWK 339 Families and Children ................................... 3
Electives ................................................................. 3
Total Semester Hours 16 16

Second Year
**ENGL 221 Research and Professional Writing ..................... 3
*HIST 221 Non-American History ...................................... 3
*BIOL 221 Human Biology ................................................. 4
**SOWK 222 Foundations of S. W. Policy ....................... 3
**SOWK 470 Field Practicum I ........................................... 5
**SOWK 474 Field Practicum II ......................................... 5
**SOWK 475 Field Practicum II ......................................... 5
Electives ................................................................. 5
Total Semester Hours 16 16

Third Year
**SOWK 332 CBSE I ......................................................... 3
**SOWK 336 Social Work Intervention I ....................... 3
**MATH 241 Statistics ................................................... 3
**ENGL 221 Research and Professional Writing ..................... 3
**RLGN 221 Religion Elective ............................................. 3
**PEAC 221 P.E. Elective ................................................... 1
**SOWK 333 CBSE II ......................................................... 3
**SOWK 334 Advanced Social Welfare Policy ................... 3
**SOWK 337 Social Work Intervention II ....................... 3
**SOWK 339 Families and Children ................................... 3
Electives ................................................................. 3
Total Semester Hours 16 16

Fourth Year
**SOWK 438 Social Work Intervention III ....................... 3
**SOWK 460 Applied Social Research Methods .................. 3
**SOWK 470 Integrative Field Seminar I ....................... 2
**SOWK 474 Field Practicum I ........................................... 5
**SOWK 475 Field Practicum II ......................................... 5
Electives ................................................................. 5
Total Semester Hours 16 16

TOTAL HOURS 129

* College requirement
+ Social Work requirement
# Recommended course
Bold = Sequenced course
COURSES

SOWK 112 Introduction to the Field of Social Work 3 hours
An introduction to the development of the social work profession, intervention services and values. This course introduces the student to the field of generalist social work. Open to non-majors. (Fall)

SOWK 221 Foundations of Social Welfare Policy 3 hours
A study of the historical development of social welfare programs, practices, and policies with an emphasis upon pluralism in the American political economy and an explanation of diverse perspectives on America's response to human need. (Fall)

SOWK 222 Values and Ethics for the Helping Professions 3 hours
An overview of ethical and legal issues related to human services professions. Topics include responsibility, competency, duty to warn, confidentiality, professional relationships, and professional licensing standards and procedures. (Also taught as PSYC 222.) (Spring)

SOWK 240 Introduction to Community Services 2 hours
Prerequisite: Permission of department chair.
Designed as an introduction to community-based social services, this course provides students with the opportunity to gain exposure to the needs and issues of at-risk populations and to be evaluated prior to formal acceptance into the social work program. Students will provide six clock hours per week in a designated local social services setting. A passing grade will be determined by: 1) input from the setting supervisor, 2) completion of required service hours, 3) and submission of a reaction paper in summary of the student's experience in the service setting. Pass/fail course. (Spring)

SOWK 291 Selected Topics 1-3 hours
Prerequisite: Approval of department chair.
Designed for the student who wishes to do independent study or research. Content and method of study must be arranged prior to registration. May be repeated for a total of 3 credits.

SOWK 331 Strength in Diversity 3 hours
A study of racial and ethnic groups in American society featuring an examination of their history, cultural heritage, contribution, struggles, and hopes for the future. Emphasis will be placed on a strengths-based analysis of diverse groups. (Also taught as SOCI 331.) (Spring)

SOWK 332 Human Behavior and Social Environment I 3 hours
Prerequisite: BIOL 104; PSYC 212; SOCI 111 & 331; SOWK 112
A study of the biological, psychological, social, cultural, and spiritual foundations of human development; their interrelatedness for normal and abnormal behavior from infancy through adolescence. The life-span is examined using a systems approach and focuses on social and family systems, groups, and communities. (Fall)

SOWK 333 Human Behavior and Social Environment II 3 hours
Prerequisite: SOWK 112
A continuation of SOWK 332. A study of biological, psychological, social, cultural, and spiritual foundations of development; their interrelationship for normal and abnormal behavior from young adulthood through old age, and social functioning in social environments. (Spring)

SOWK 335 Health Care and Social Work 3 hours
Prerequisite: SOWK 112, SOWK 221
This course provides the student with an overview of the issues and challenges facing American health care in the 21st century. The role of the social worker is examined across the practice settings of acute care, long-term and restorative care, mental health care, and hospice care. Students will be introduced to the importance of developing collaborative models of practice in the multi-disciplinary setting including orientation to the roles of physicians, nurses, pastoral clergy, and ancillary therapies. (Spring, odd years)

SOWK 336 Social Work Intervention I 3 hours
Prerequisite: SOWK 112.
Corequisite: SOWK 332.
An introduction to generalist social work practice with emphasis on individuals and families. Social work with groups, communities and organizations will also be discussed. This is the first practice course in the Social Work Practice Sequence. It introduces the student to beginning intervention methods of the generalist Social Worker. The student is introduced to the process of engagement, data collection, assessment, intervention, evaluation and termination. Basic interviewing and communication skills are emphasized. (Fall)

SOWK 337 Social Work Intervention II 3 hours
Prerequisite: SOWK 336.
Corequisite: SOWK 333.
A continuation of generalist social work intervention methods, with an in-depth study of the problem-solving directed toward groups. The group process is stressed. (Spring)

SOWK 338 Conflict Resolution: Practical Skills for Peacemaking 3 hours
Courses recommended: PSYC 212, SOCI 111
A study of practical applications of conflict and dispute resolution. The course focuses on developing practical problem-solving and decision making skills while exploring issues of self-awareness, identity, culture, power, race, gender, violence, and forgiveness. Workplace disputes are explored and addressed from a perspective emphasizing preventive models. (Also taught as PSYC 338.) (Spring, even years)
SOWK 339 Families and Children 3 hours
Prerequisite: SOCI 11, PSYC 212

This course utilizes the strength-based and person-in-environment approaches to examining the challenges faced by families and at-risk children in contemporary American society including domestic violence, addictions, and juvenile delinquency. Emphasis will be given to further developing the student's ability to design, implement, and evaluate effective family interventions. Attention will be given to understanding nontraditional as well as culturally diverse family structures, roles, and expectations. The course is open to all majors. (Spring)

SOWK 434 Social Welfare Policy 3 hours
Prerequisite: SOWK 112, 221; HIST 111 or 112; ECON 211, POLS 211.

An in-depth examination of the formation and administration of federal, state, and local social welfare policies. Emphasis will be given to the impacts of social policy on minorities and at-risk populations. Trends in social policy formation will also be analyzed including the rise of faith-based organizations and initiatives in addressing human need. (Spring)

SOWK 438 Social Work Intervention III 3 hours
Prerequisite: SOWK 337.
Corequisites: SOWK 470, 474.

This is the final course within the practice sequence. Intervention III assists the student in developing a more in-depth knowledge, value, and skill base when working with communities and institutions. Students will be exposed to the impact of these systems on persons most at risk of oppression as preparation for entry into generalist social work practice. Students will interface with Agency/Community/Institutional Personnel through in-class participation and assigned projects. (Fall)

SOWK 460 Applied Social Research Methods 3 hours
Prerequisite: MATH 241, ENGL 220.

An introduction to applied research methods and their applications to the disciplines of Social Work, Criminal Justice, and Law Enforcement, Physical Education, Psychology, and Sociology. Emphasis is on understanding basic terminology, the use of fundamental research tools, and the integration of research and practice. Students will gain experience with single subject designs, program evaluation methods, SPSS-driven data analysis, and case studies in data collection. This course meets the upper division writing component for senior year English. (Also taught as CJLE, HIST, PETH, PSYC, or SOCI 460.) (Fall)

SOWK 470 Integrative Field Seminar I 2 hour
Prerequisite: SOWK 333, 334, 337.
Corequisite: SOWK 474.

Assists students in strengthening and integrating their various field experiences. Examines the dynamics of actual practice while utilizing classroom knowledge. (Fall)

SOWK 471 Integrative Field Seminar II 2 hour
Prerequisite: SOWK 470.
Corequisite: SOWK 474.

A continuation of SOWK 470 with emphasis on future professional career planning. (Spring)